

Lambda Delta News

DECEMBER 2022/JANUARY 2023
LAMBDA DELTA CHAPTER, #268

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AREA 18: KINGWOOD/HUMBLE



President's Message

THE HOLIDAYS ARE ALL ABOUT CELEBRATING THE VALUES THAT BRING US TOGETHER IN LIFE. THESE IMPORTANT CONNECTIONS CAN BRING US UNITY THROUGH TOGETHERNESS, GENEROSITY, AND GRATITUDE. MANY HOLIDAYS DURING THE WINTER MONTHS ARE WAYS FOR US TO GATHER WITH THOSE WE LOVE AND CARE ABOUT, AND EXPRESS OUR GRATITUDE AND APPRECIATION FOR THEM. THE HOLIDAYS ARE BEST CELEBRATED BY SURROUNDING YOURSELF WITH PEOPLE YOU FEEL THE MOST CONNECTED TO, WHETHER THAT IS FAMILY, FRIENDS, OR YOUR COMMUNITY.

ONE OF THE BEST WAYS TO CELEBRATE WITH OUR LOVED ONES IS BY GATHERING TOGETHER AND VOCALIZING OUR APPRECIATION FOR ONE ANOTHER. STUDIES SHOW THAT PRACTICING GRATITUDE REGULARLY CAN MAKE US HAPPIER BY INCREASING OUR MENTAL HEALTH, ENHANCING POSITIVE EMOTIONS, BOOSTING OUR SELF-ESTEEM, AND REDUCING NEGATIVITY. ALTHOUGH THE HOLIDAYS ARE MEANT FOR REFLECTION, WE ALL MIGHT BENEFIT FROM THE HAPPINESS THAT GRATITUDE CAN BRING IF WE PRACTICE IT EVERY DAY.

THROUGHOUT THE NEXT FEW MONTHS, I ENCOURAGE YOU TO:

1. CONNECT WITH LOVED ONES. WHETHER IT IS A BIG FAMILY CELEBRATION OR EVEN A SMALL GATHERING WITH YOUR CLOSEST FRIENDS, CONNECTING WITH THOSE YOU LOVE IS THE MOST IMPORTANT DURING THE HOLIDAY SEASON.
2. VOLUNTEER YOUR TIME. THE HOLIDAY SEASON IS ALSO ABOUT GIVING BACK. VOLUNTEER YOUR TIME AROUND YOUR COMMUNITY, GATHER DONATIONS FOR THOSE IN NEED, OR PERFORM RANDOM ACTS OF KINDNESS.
3. FOCUS ON POSITIVITY. THERE MIGHT BE PRESSURE TO CREATE THE PERFECT ENVIRONMENT, BUT REMEMBER THAT EVERYONE IS TRYING THEIR BEST, AND THE HOLIDAYS ARE ABOUT GRATITUDE AND HAPPINESS.

IF YOU WEREN'T ABLE TO MAKE OUR CHRISTMAS PARTY, KNOW THAT YOU WERE MISSED! WE HAD AN EXTRAORDINARY TIME PLAYING GAMES, EXCHANGING GIFTS, AND CONNECTING WITH ONE ANOTHER. PLEASE MARK YOUR CALENDAR FOR OUR JANUARY 19TH MEETING WHERE WE WILL BE HAVING LAMBDA DELTA'S BIRTHDAY PARTY. CAN'T WAIT TO SEE YOU THERE.

Quinn

MISSION: THE DELTA KAPPA GAMMA SOCIETY INTERNATIONAL PROMOTES PROFESSIONAL AND PERSONAL GROWTH OF WOMEN EDUCATORS AND EXCELLENCE IN EDUCATION.

VISION: LEADING WOMEN EDUCATORS, IMPACTING EDUCATION WORLDWIDE
MARY WIDMIER, EDITOR, LAMBDA.DELTA.DKG@GMAIL.COM

JOURNEY
Which way will you go?

INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS
DELTA KAPPA GAMMA

lambda Delta's Wonder Women



Fundraiser Event - Christmas Market



HAPPY BIRTHDAY



Birthday Wishes to:

NANCY BRYAN 12/5
MARIAN MANNIX 12/12
HOLLI SADLER 12/14
GAYLAN CHADWICK 12/30
JULIE GALLOW 1/19
CLAUDINE SIMPSON 1/26
EVA VOLTER 1/29

2022-2023 Executive Board Members

PRESIDENT - QUINN PERKINS
1ST VP - LESLIE JOHNSON
2ND VP - MARY WIDMIER
RECORDING SECRETARY - DERRY SUMMER
TREASURER - RHIAN WEBB
PARLIAMENTARIAN - CAROL SMITH

Winter

"WINTER FORMS OUR CHARACTER AND BRINGS OUT OUR BEST. WINTER IS A TIME OF RECOVERY AND PREPARATION. WINTER IS NOT A SEASON, IT'S A CELEBRATION.

WINTER IS THE TIME FOR COMFORT, FOR GOOD FOOD AND WARMTH, FOR THE TOUCH OF A FRIENDLY HAND AND FOR A TALK BESIDE THE FIRE: IT IS THE TIME FOR HOME."

Upcoming Meetings:

JANUARY 19, 2023 @ 4:30

R.B. TULLIS LIBRARY

21569 US-59

NEW CANEY, TX 77357

FEBRUARY 16, 2023 @ 4:30

R.B. TULLIS LIBRARY

21569 US-59

NEW CANEY, TX 77357

Lambda Delta's Needs

SCHOOL SUPPLIES

SNACKS

FUN ITEMS FOR TEACHERS

STAY CONNECTED WITH THESE WEBSITES:

INTERNATIONAL DKG: WWW.DKG.ORG

TEXAS STATE ORGANIZATION: WWW.DKGTEXAS.ORG

ASTEF FOUNDATION: WWW.ASTEF.ORG

OUR CHAPTER: WWW.DKGLAMBDADELTA.WEBLY.COM

Photos from our Holiday Party

