



# Lambda Delta Chapter The Ledger



Chapter 268, Area XVIII  
Volume 37, Issue 5

Kingwood / Humble Area  
February 2017

Mission Statement: The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Roni Jo Frazier, Editor

ronijofrazier@yahoo.com

## President's Message

By: Carol Smith, President

Happy Valentine's, sisters!

What a delightful meeting we had last month! A former Humble ISD School Board member visited, the new Humble ISD Superintendent spoke, we sang about our chapter's 37<sup>th</sup> birthday, we made roses out of red napkins, we collected books, food, and school supplies, and we initiated another member!

Look forward to seeing you Thursday at ISC Room 1005 for fellowship (and food!) at 4:15. Mu Pi will be meeting with us this month because they want to hear our speaker, Gloria Bain, talk about education, health, and living conditions that she has seen firsthand in South Africa. We will start our meeting at 4:30. Right after Roni Jo Frazier brings the Meditation, we'll let Gloria start sharing her story and her pictures of the Sukumani Primary School, where she took the supplies we collected last year. This month we will build on the collection that we started at the January meeting of more **school supplies** for her to distribute in Africa. Break out your **animal print** clothes and accessories to show your enthusiasm! After the program and some joint announcements, the chapters will break out for their business meetings. If all goes well, we will initiate one more Key Woman Educator into Lambda Delta, hear some Brags, draw for Door Prizes, and draw for the Paris & Pears Spa Basket (compliments of Jan Brady) before we adjourn and sing THE SONG at 6:00.

Friendly reminders: Don't forget to bring new and gently-used **books** for Early Career Educators. Loweta will be taking **reservations** for the April 6<sup>th</sup> Founders' Day Banquet (\$36/person). Mu Pi is hosting, the venue is The Overlook, and Angela Conrad will be speaking.

Please continue to keep Caryn Uttenweiler and her family in your thoughts and prayers. As I write this, the last update posted on Daryn via YouCaring was dated January 31<sup>st</sup>. I just emailed Chris Pearce, Connie Johnson, and Eileen Debo to ask if they have more recent news about Daryn's extremely challenging recovery and to ask for their advice as to how we as a group can help them. Meanwhile, keep praying.

To save the \$36,000 that it would cost International to mail a sealed notice with login information to every member in The Society, they have tasked the Chapter Presidents with dissemination of that

sensitive instruction. (Those who know how NON-intuitive this CP is when it comes to computers and the internet will find that amusing!) Here are the details: Your **Username** is your six-digit member ID number. You can find that on your membership card, or (the first six digits) on any DKG publication, on the right-hand side of your information box in the Yearbook (starts on p.29) or the Membership and Birthday Directory, both of which can be found on our Chapter Website <http://dkglambdadelta.weebly.com>. The **default password** is dkg2014society. After logging in, change the password to your preferred password. That website is amazing! You can find insurance offers, discounts, professional articles, and jewelry as well as all sorts of DKG information! I encourage you to go visit [www.dkg.org](http://www.dkg.org) and click on some of those tabs at the top.

See you soon!

Carol

## Happy Birthday

### February Birthdays

- 7 Carol Smith
- 8 Karen Seay
- 9 Courtney McGrew

### March Birthdays

- 3 Connie Johnson
- 4 Carla Craig and Martha Schaffert
- 17 Mary Linda Lewis
- 21 Deborah Thomas
- 31 Dottie Willner

## BOOKS FOR EARLY CAREER EDUCATORS!

By: Marian Mannix

Lambda Delta reaches out to our community. One of our projects has been to collect and donate to various schools and teachers in need of books. So far, over the past few years alone we have provided a little over 1,000 books to Early Career Educators for their classroom libraries and to school libraries.

Now we are close to reaching a total of 300 books for our book drive! **Currently we are at 275 books and reading magazines.**

Please ask your friends and relatives to help! **Let's try to make a 300 plus total!**

Perhaps they'll have a few to donate from their own book shelves and/or from their families?

A side note: Goodwill sells children's books ranging in price from 49 cents to \$1.99, many are in "like-new" condition! Kingwood Library is another good source. You might even get FREE books from them!

**Please bring what you can to our February meeting.**

**If you prefer to donate a few dollars to our project, I'll do the shopping for you! (I love to shop!)**

**Make a child and a teacher happy! Donate a few books!**

**This will be our last collection for this school year!**

Sometime in March we'll disburse the books to schools and teachers in our area.

**A SPECIAL THANK YOU TO ALL WHO HAVE SUPPORTED THIS PROJECT!**

# State Convention News...

June 22 – 24, 2017



## 2017 Unifying Project

### Child Advocate Needs for DKG – TSO June Convention

For health reasons, the items must be new

#### ***Gift cards to:***

- ❖ Target
- ❖ Amazon
- ❖ Wal-Mart
- ❖ Visa/MasterCard
- ❖ Amazon
- ❖ Office Depot
- ❖ Costco/Sam's

#### ***Younger Children:***

- ❖ Children's' Books
- ❖ Coloring Books and Crayons
- ❖ Stuffed Animals
- ❖ Action Figures
- ❖ Educational Toys
- ❖ Educational Games
- ❖ Art Sets

#### ***Preteen and Teen Girl:***

- ❖ Manicure set, Nail file, nail polish
- ❖ Hand cream or lotion, Lip gloss or bath wash
- ❖ Decorative t-shirts or Cute socks
- ❖ Books, journals, colorful pens
- ❖ Small Purse, wallet

#### ***Preteen and Teen Boy:***

- ❖ Manicure set
- ❖ AXE shaving cream or deodorant
- ❖ Comb/Brush
- ❖ Decorative t-shirts or Socks
- ❖ Books, journals
- ❖ Keychain or Wallet

Being female puts you at risk of developing osteoporosis and broken bones. Here are some facts: \*Of the estimated 10 million Americans with osteoporosis, about eight million or 80% are women. \*Approximately one in two women over age 50 will break a bone because of osteoporosis. \*A woman's risk of breaking a hip is equal to her combined risk of breast, uterine and ovarian cancer. There are multiple reasons why women are more likely to get osteoporosis than men, including Women tend to have smaller, thinner bones than men. Estrogen, a hormone in women that protects bones, decreases sharply when women reach menopause, which can cause bone loss. This is why the chance of developing osteoporosis increases as women reach menopause.

**GREAT NEWS FOR YOU!** It is a proven fact that exercise is a leading treatment for osteoporosis. Sure, there are certain vitamins/minerals that help such as calcium, but if you only take the calcium supplement that is not going to be enough to help treat and prevent osteoporosis...

From an article by Deron Buboltz from Grow Young Fitness submitted by Marian Mannix

**Calendar of 2016-2017 Meeting Dates:**

Thursday, February 16  
Thursday , April 6

Meeting at ISC Room 1005  
Founders' Day Banquet

**Upcoming Events – Plan Ahead to Attend:**

**June 22-24, 2017**  
TSO State Convention  
Hyatt Regency, Houston



**Check out all of the websites!**

Lambda Delta’s website is [www.dkglambdadelta.weebly.com](http://www.dkglambdadelta.weebly.com)  
Texas State Organization is [www.dkgtxas.org](http://www.dkgtxas.org)  
International is [www.dkg.org](http://www.dkg.org)

**The DKG Texas State Newsletter can be accessed by clicking [HERE!](#)**



SAVE THE DATE

**TRI-CHAPTER FOUNDERS'  
DAY BANQUET: LAMBDA  
DELTA, MU PI, NU BETA.**

THE OVERLOOK,  
20114 PINEHURST DR,  
ATASCOCITA 77346  
APRIL 6, 2017

THE COST IS \$36.00  
PLEASE BRING YOU PAYMENT TO THE NEXT MEETING!  
FEBRUARY 16<sup>TH</sup>

*Lambda Delta Officers*

*President: Carol Smith*

*1st Vice President: Bonnie Longnion*

*2nd Vice President: Belinda Zoet King*

*Recording Secretary: Connie Johnson*

*Corresponding Secretary: Roni Jo Frazier*

*Treasurer: Loweta Jorgensen*

*Parliamentarian: Susan Barrow*

**International Theme: 2016-2018**

*Leading Women Educators Impacting Education Worldwide*

**Alpha State Theme: 2015-2017**

*The Heart of the Society is its Members*

**Lambda Delta Theme: 2014-2016**

*Women Helping Women- the Heart of the Matter*

**NEWSLETTER SUBMISSIONS**

Please send news submissions, additions or corrections for *The Ledger* to:

Roni Jo Frazier @ [ronijofrazier@yahoo.com](mailto:ronijofrazier@yahoo.com)

Please copy your submission to Carol Smith via email: [cks2752@gmail.com](mailto:cks2752@gmail.com)

